

January 27, 2020

RE: Maintenance Medications Update

Dear SoonerCare Provider,

Effective January 1, 2020, many **maintenance medications will process for a 90-day supply** without an override. Consider prescribing for/dispensing 90-day supplies of chronic maintenance medications, where appropriate, in an effort to increase compliance, improve access to care, and reduce copays for SoonerCare members.

The following categories of maintenance medications are included on the **Maintenance Drug List**:

- Alzheimer's Medications
- Anticonvulsants
- Antidepressants
- Antihypertensive Medications
- Antipsychotic Medications
- Anti-Ulcer Medications
- Cardiovascular Medications
- Chronic Obstructive Pulmonary Disease (COPD) Medications
- Diabetes Medications
- Glaucoma Medications
- Hyperlipidemia Medications
- Immunosuppressant/Transplant Medications
- Parkinson's Disease Medications

Please note that not all medications in each category can be processed for a 90-day supply.

Most adult members have a 6 prescription limit each month; therefore, prescribing for/dispensing 90-day supplies of chronic maintenance medications will help members who are on multiple medications obtain the maintenance medications necessary. Dispensing of 90-day supplies of chronic maintenance medications has been shown to increase medication adherence and persistence, compared to dispensing of 30-day supplies. Additionally, a 90-day supply will reduce the SoonerCare member's financial burden as they will pay the same copay for a 90-day or 30-day supply.

Please educate members to use the same pharmacy to fill all of their medications for improved management of their health and their medications. Educate members on the benefits of medication synchronization, in addition to filling 90-day supplies of their chronic maintenance medications.

A complete list of maintenance medications that will process for a 90-day supply can be found on our website at www.okhca.org/rx. Clinical criteria and tier structure rules still apply to certain maintenance medications; specific prior authorization criteria and tier charts can be downloaded from www.okhca.org/pa by clicking on the applicable Therapeutic Category. If the medication requires prior authorization, prior authorization request forms can be found online at www.okhca.org/rxforms and completed forms can be submitted for consideration to SoonerCare Pharmacy Services.

Thank you for the services you provide to Oklahomans insured by SoonerCare!