

The resources in this guide have been prepared to assist service providers of all types throughout the state of Oklahoma. Information in this guide is current as of December 2018, and resource availability is subject to change. Email questions to [SoonerCareEducation@okhca.org](mailto:SoonerCareEducation@okhca.org).



## OHCA RESOURCES

---

**AFTER-HOURS LOCATOR** – Allows SoonerCare members to enter any Oklahoma zip code and search for participating providers near their location who offer after-hours care for minor injuries or illness.

[www.afterhoursok.com](http://www.afterhoursok.com)

**CHRONIC CARE UNIT** – Nurses provide case management to high-risk and at-risk SoonerCare members with chronic conditions – members whose primary care provider (PCP) is not aligned with an in-office health coach. They work to assess and address the health status, health literacy, behavioral health and drug utilization of members through care coordination, self-management principles and behavior modification techniques.

[okhca.org/pcm](http://okhca.org/pcm)

**HEALTH MANAGEMENT PROGRAM** – Provides practice-based, chronic disease-focused supports to SoonerCare members and their PCPs. Health coaches work with members at their medical homes and over the phone, and practice facilitators work with selected facilities to improve processes related to caring for persons with chronic illness.

[okhca.org/pcm](http://okhca.org/pcm)

**INSURE OKLAHOMA - EMPLOYER-SPONSORED INSURANCE** – Provides employers with premium subsidies to help buy health insurance for qualified employees aged 19-64 whose household is no more than 200 percent of the federal poverty level and who are not receiving Medicaid or Medicare benefits.

[insureoklahoma.org](http://insureoklahoma.org)

**INSURE OKLAHOMA - INDIVIDUAL PLAN** – A health coverage option for working adults aged 19-64 whose household is no more than 100 percent of the federal poverty level and who are not receiving Medicaid or Medicare benefits.

[insureoklahoma.org](http://insureoklahoma.org)

**LONG-TERM CARE** – The OHCA has a dedicated unit tasked with cultivating member empowerment and personal responsibility by linking them to the most appropriate choice for long-term care services and supports. Options available through the SoonerCare include the Medically Fragile program, Living Choice, ADvantage and other Home- and Community-Based Services Waivers.

[okhca.org/ltc](http://okhca.org/ltc)

**PAIN MANAGEMENT PROGRAM** – Designed to equip SoonerCare providers with the knowledge and skills to appropriately treat members with chronic pain through practice facilitation and access to behavioral health resource specialists.

[okhca.org/painmanagement](http://okhca.org/painmanagement)

**PHARMACY LOCK-IN PROGRAM** – Assists health care providers in monitoring potential abuse or inappropriate utilization of controlled prescription medications by SoonerCare members. A member whose utilization has been determined to be potentially inappropriate is assigned to one designated pharmacy and one prescriber.

[okhca.org/rx](http://okhca.org/rx)

**POPULATION CARE MANAGEMENT UNIT** – Works with SoonerCare members who are in need of episodic or event-based health care (e.g., cancer patients or members with special needs). This includes obstetrical and pediatric services, out-of-state care coordination, long-term care waiver reviews, and complex case management.

[okhca.org/pcm](http://okhca.org/pcm)

**PSYCHIATRIC CONSULTATION PROGRAM** – Provides access to free, informal telephonic consultations with board-certified psychiatrists for advice on psychotropic medication management issues for SoonerCare members. This program is available to SoonerCare PCPs, judges, Department of Human Services (DHS) supervisors and Oklahoma Juvenile Affairs (OJA) supervisors.

[okhca.org/bh](http://okhca.org/bh)

**PUBLICATION ORDERING SITE** – OHCA offers several free publications that feature SoonerCare and Insure Oklahoma programs. These publications can be downloaded and printed individually or visitors may place an order for a quantity to be delivered to them. Note: Ordering not available for all publications.

[okhca.org/publications](http://okhca.org/publications)

**SOONERPLAN** – A family planning program for women and men who are not enrolled in SoonerCare. Services include birth control information and supplies; office visits and physical exams related to family planning; laboratory tests related to family planning (pap smears, pregnancy tests, STD tests); tubal ligations and vasectomies; and HPV vaccinations.

[okhca.org/soonerplan](http://okhca.org/soonerplan)

**SOONERRIDE** – Provides nonemergency transportation service for SoonerCare members to medically-necessary health care appointments at no cost. Members must schedule trips three days prior to the appointment. A trip authorization number may be obtained in advance to receive gas/mileage reimbursement.

[okhca.org/SoonerRide](http://okhca.org/SoonerRide)

**TEFRA (Tax Equity and Fiscal Responsibility Act of 1982)** – Allows Oklahoma to make SoonerCare benefits available to children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent's income or resources. It also enables children who are eligible for institutional services to be cared for in their homes.

[okhca.org/tefra](http://okhca.org/tefra)

**TRIBAL GOVERNMENT RELATIONS UNIT** – Serves as a liaison between OHCA and the Centers for Medicare & Medicaid Services (CMS), Indian Health Service (IHS), urban Indian facilities, and Oklahoma tribal governments regarding state and national issues. This includes tribal consultation, workgroups, policy development, legislation, and tribal sovereignty issues.

[okhca.org/tribalrelations](http://okhca.org/tribalrelations)

**WEB ALERTS** – Stay up-to-date on OHCA's actions regarding the topics you care about. Sign up to receive an email each time a change is made in your area(s) of interest.

[okhca.org/webalerts](http://okhca.org/webalerts)



## STATEWIDE RESOURCES

---

### ***ACCESS TO CARE***

- **211** – Connects people to local resources for a variety of needs including health care, transportation, food, housing and utilities, jobs and employment. Dial 211 or visit online. [www.211.org](http://www.211.org)
- **HEALTH ACCESS NETWORKS (HANs)** – OHCA has a contract with three HANs to work with affiliated patient-centered medical home (PCMH) providers to coordinate and improve the quality of care for SoonerCare members. HANs are required to offer care

management services in targeted populations, such as frequent ER utilization, appointment coordination for members, and aligning members with specialty care.

- Central Communities Health Access Network: [cc-han.com](http://cc-han.com)
  - OSU Health Access Network: [health.okstate.edu/health-access-network](http://health.okstate.edu/health-access-network)
  - OU Sooner Health Access Network: [soonerhan.ouhsc.edu](http://soonerhan.ouhsc.edu)
- **OKLAHOMA CARES** – Provides treatment for breast and cervical cancer and pre-cancerous conditions to eligible women.  
[okhca.org/okcares](http://okhca.org/okcares)
  - **OKLAHOMA LIONS SERVICE FOUNDATION** – A nonprofit organization that provides a mobile health screening unit that offers free blood sugar, bone density, blood pressure and visual acuity screenings for citizens statewide. Also provides vision screenings for children aged 6 months to 6 years. Contact 405-947-6540, visit the website or call your local Lions Club for more information.  
[oklionsfoundation.org](http://oklionsfoundation.org)
  - **REMOTE AREA MEDICAL OKLAHOMA (RAM OK)** – RAM OK is a free medical, dental and vision clinic event for those in need of care they cannot afford. The weekend-long clinic is made possible by volunteer medical, dental and vision professionals, general volunteers and sponsors. Patients are treated on a first-come, first-served basis, with a goal of serving 1,500 individuals during the event.  
[ramok.org](http://ramok.org)
  - **RURAL HEALTH NETWORK** – Works collaboratively to improve quality access to health care for people living in rural Oklahoma through a network of integrated services. Connects providers with technology through electronic health records (EHR) and health information exchange (HIE) consulting.  
[rhnok.org](http://rhnok.org)

## **AGING**

- **ADULT PROTECTIVE SERVICES (APS)** – A division of the Department of Human Services (DHS) that provides vulnerable adults protection from abuse, neglect or exploitation. APS offers services that help with medical care, self-maintenance skills, personal hygiene, adequate food, shelter and protection. Find out more online or at your local DHS office.  
[okdhs.org](http://okdhs.org)

- **OKLAHOMA ASSOCIATION OF AREA AGENCIES ON AGING (O4A)** – Eleven sites in Oklahoma that provide for comprehensive and coordinated continuum of services and opportunities so aging adults can live dignified, productive and independent lives.  
[o4aoklahoma.org](http://o4aoklahoma.org)
- **OKLAHOMA HEALTHY AGING INITIATIVE (OHAI)** – Enhances health and quality of life for older Oklahomans. OHAI created a statewide senior health network by establishing Centers of Healthy Aging in five regions that provide both clinical care and health education. The centers work in collaboration with local service clinics, and each center offers educational programs geared towards seniors, caregivers and those providing health care services to seniors. Programs include topics ranging from healthy aging to assisting individuals living with chronic diseases.  
[ouhsc.edu/OHAI](http://ouhsc.edu/OHAI)

## **CHILDREN**

- **CHILDREN FIRST** – A program of the Oklahoma State Department of Health (OSDH) that encourages early and continuous prenatal care, personal development and the involvement of fathers, grandparents and other supporting persons in parenting. A specially-trained registered nurse visits first-time mothers who are less than 29 weeks pregnant in the home up until the baby is 2 years-old at no charge. At the home visit, the nurse provides education on pregnancy, labor and delivery, and parenting skills such as feeding, bathing, and toilet training. Income eligibility requirements exist. Find out more by calling or visiting your local Health Department.  
[ok.gov/health](http://ok.gov/health)
- **HEAD START** – A federal program that promotes the school readiness of children (birth – to age 5) from low-income families by enhancing their cognitive, social and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language and literacy, as well as social and emotional development. Many Head Start programs also provide *Early Head Start*, which serves infants, toddlers, pregnant women and their families who have incomes below the federal poverty level. Find local Head Starts and Early Head Starts by calling 866-763-6481 or visiting the website.  
[ok.gov/sde](http://ok.gov/sde)
- **SOONER START** – Oklahoma's early Intervention program for families of infants and toddlers (birth – to 36 months) who have developmental delays. If you have questions about your child's development, Sooner Start professionals in your community can provide a developmental evaluation. For eligible children, Sooner Start provides services where the child typically spends time (home or childcare).  
[sde.ok.gov/sde/soonerstart](http://sde.ok.gov/sde/soonerstart)

- **SYSTEMS OF CARE** – A comprehensive spectrum of mental health and other support services organized into coordinated networks to meet the multiple and changing needs of children, adolescents and their families with a serious emotional disturbance. It accomplishes this by providing community-based, family-driven, youth-guided, and culturally competent services statewide. The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) leads this wraparound initiative.  
[ok.gov/odmhsas/Mental\\_Health\\_/Children,\\_Youth,\\_and\\_Family\\_Services/Systems\\_of\\_Care/index.html](http://ok.gov/odmhsas/Mental_Health_/Children,_Youth,_and_Family_Services/Systems_of_Care/index.html)
- **WOMEN, INFANTS, AND CHILDREN PROGRAM (WIC)** – Provides nutrition services to pregnant, breastfeeding and postpartum women as well as infants and children (aged 0-5). Through WIC women, infants and children have access to nutritious supplemental foods, nutrition education and referrals for health care. WIC is a program of OSDH, and income eligibility requirements exist. Learn more by calling or visiting your local Health Department.  
[ok.gov/health](http://ok.gov/health)

## **DENTAL**

- **DELTA DENTAL OF OKLAHOMA FOUNDATION** – Provides equipment and supplies to help volunteer dental professionals serve those in need of care they cannot afford. The foundation has a directory of free and low-cost dental care resources located throughout the state of Oklahoma, which is available for download online.  
[ResourceForDentalCare.org](http://ResourceForDentalCare.org)
- **DENTISTS FOR THE DISABLED AND ELDERLY IN NEED OF TREATMENT, INC. (D-DENT)** – D-Dent helps to improve the oral health of Oklahomans in need. D-Dent accomplishes this by providing preventive dental education and free comprehensive dental care for low income Oklahomans living with a developmental disability, the elderly, and veterans. Note: D-Dent utilizes volunteer dentists for the dental care program and is therefore not available for emergency dental needs.  
[d-dentok.org](http://d-dentok.org)
- **MOBILESMILES OKLAHOMA** – A nonprofit dental care program dedicated to building partnerships to improve and advance oral health care in Oklahoma. With the help of volunteer dental professionals, the program utilizes two RV-style mobile dental units that travel across the state of Oklahoma delivering free dental care and education. MobileSmiles is a program of the Oklahoma Dental Foundation. To host or sponsor the unit, or to find dental care visit the website.  
[mobilesmilesok.com](http://mobilesmilesok.com)
- **OKLAHOMA MISSION OF MERCY (OKMOM)** – OKMOM is an annual two-day, free dental clinic offering treatment to patients who are uninsured, underinsured or would

normally not have access to dental care. Patients undergo a dental screening to identify their needs and determine a treatment plan, and then each patient receives services from appropriate areas of the clinic (e.g., oral surgery, extractions, restorations, pediatrics and hygiene). OKMOM happens the first weekend of February in a different region of the state each year.

[okmom.org](http://okmom.org)

## ***DURABLE MEDICAL EQUIPMENT (DME)***

- **OKLAHOMA ABLE TECH** – The statewide Assistive Technology Act Program whose mission is to improve access to and acquisition of assistive technology for individuals with disabilities of all ages. Contact the statewide information and referral system at 800-257-1705 or visit them online.

[abletech.org](http://abletech.org)

- **OKLAHOMA DURABLE MEDICAL EQUIPMENT REUSE PROGRAM (OKDMERP)** – Refurbishes and reuses durable medical equipment (DME) that is no longer needed and reassigns it to Oklahomans who are in need at no cost. *OKDMERP gives priority to SoonerCare members*, but any Oklahoma resident is eligible to receive DME with a completed application.

[okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program/](http://okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program/)

## ***SPECIAL NEEDS***

- **OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES (DRS)** – Expands opportunities for employment, independent living and economic self-sufficiency by helping Oklahomans with disabilities bridge barriers to success in the workplace, school and at home. For more information contact 800-845-8476 or visit the website.

[okdrs.gov](http://okdrs.gov)

- **DEVELOPMENTAL DISABILITIES SERVICES DIVISION (DDSD)** – A division of DHS that provides services to persons aged 3 and older who have an intellectual disability or other developmental or physical disabilities. To learn more, call 405-521-6267 or visit

[okdhs.org/divisionoffices/visd/ddsd/](http://okdhs.org/divisionoffices/visd/ddsd/).

- **OKLAHOMA FAMILY NETWORK** – Focuses on supporting families of children and youth with special needs via emotional support, resource navigation and ensuring quality health care for all children and families through strong and effective family/professional partnerships.

[oklahomafamilynetwork.org](http://oklahomafamilynetwork.org)

- **SOONER SUCCESS** – Promotes a comprehensive, coordinated system of health, social and educational services for Oklahoma children and youth with special needs. The program addresses barriers by promoting community capacity and infrastructure at community, regional and state levels.  
[soonersuccess.ouhsc.edu](http://soonersuccess.ouhsc.edu)

## **TRANSPORTATION**

- **ANGEL FLIGHT** – A nonprofit charitable organization of pilots, volunteers and friends who serve the heartland area of Oklahoma, Texas, Arkansas, Missouri and Kansas. Angel Flight arranges free air transportation for any legitimate, charitable, medically-related need. Angel Flight may also arrange transportation for individuals who are financially distressed or in a time-critical, nonemergency situation due to their medical condition. This service is available to individuals and to health care organizations.  
[angelflight.com](http://angelflight.com)
- **MEDRIDE** - Specializes in transporting customers who require wheelchair access. Also accommodates ambulatory persons.  
[medride.com](http://medride.com)
- **OKLAHOMA UNITED WE RIDE** – Assesses passenger transportation services in Oklahoma in order to maximize their availability, efficiency and quality. Find local transportation providers online.  
[ok.gov/unitedweride](http://ok.gov/unitedweride)
- **RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP)** – RSVP's Provide-A-Ride program offers low-income seniors free transportation to medical appointments.  
[nationalservice.gov/programs/senior-corps/senior-corps-programs/rsvp](http://nationalservice.gov/programs/senior-corps/senior-corps-programs/rsvp)
- **TRIPCARE** – *Enrollment in TripCare allows health care providers to manage nonemergency transportation services for SoonerCare members (SoonerRide), including trip requests, reservations, and knowledge of which transportation provider is assigned to each reservation.*  
[tripcare.logisticare.com](http://tripcare.logisticare.com)

## **VISION**

- **ESSILOR VISION FOUNDATION** – Supports optometrists and vision charities that focus on serving underprivileged youth with in-kind donations of single-vision lenses, frames and lab services at no cost to the eye doctor. Also provide grants to optometrists who



focus on collaborative efforts to spread awareness and increase vision services within their communities.

[evfusa.org](http://evfusa.org)

- **EYECARE AMERICA**<sup>®</sup> – EyeCare America<sup>®</sup> is a public service program of the American Academy of Ophthalmology that preserves sight by providing access to medical eye care. It offers a Seniors Program that connects eligible persons (aged 65+) with local volunteer ophthalmologists who provide medical eye exams often at no out-of-pocket cost. Providers may also provide up to one year of follow-up care for any condition diagnosed during the initial exam. EyeCare America<sup>®</sup> also offers a Glaucoma Program that provides a glaucoma eye exam for those who are eligible and uninsured.  
[aao.org/eyecare-america](http://aao.org/eyecare-america)
- **INFANTSEE**<sup>®</sup> – Designed to ensure that eye and vision care become an essential parts of infant wellness care to improve a child’s quality of life. Participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service.  
[infantsee.org](http://infantsee.org)
- **NEW EYES FOR THE NEEDY** – Purchases new prescription eyeglasses through a voucher program for children and adults who cannot afford glasses on their own.  
[new-eyes.org](http://new-eyes.org)
- **NEW VIEW OKLAHOMA** – Provides comprehensive services for people with significant vision loss that cannot be corrected with glasses, surgery or medication. Formerly Oklahoma League for the Blind.  
[nvoklahoma.org](http://nvoklahoma.org)
- **SIGHT FOR STUDENTS** - A Vision Service Plan (VSP) program that provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.  
[sightforstudents.org](http://sightforstudents.org)
- **VIZAVANCE** – Provides free vision screenings to Oklahoma school children (6 months-old to seniors in high school) with the primary goal of advancing their education through better vision. Also offers Vision Service Plan (VSP) vouchers for free exams and glasses for families who qualify and provides classes to school staff, nurses and health care professionals who are interested in becoming a Children’s Vision Screener or Children’s Vision Screener Trainer. Formerly Prevent Blindness Oklahoma.  
[vizavance.org](http://vizavance.org)

## ***Other***

- **LEGAL AID SERVICES OF OKLAHOMA** – Free civil legal assistance to low-income individuals, seniors, the disabled and veterans in Oklahoma.  
[legalaidok.org](http://legalaidok.org)
- **LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)** – A federally funded program that provides financial assistance to low-income households to help them meet the cost of home energy. Also provides assistance for some households that received a cut-off or a refusal to deliver additional fuel notice from the utility providers to prevent interruption/restore/establish service or fuel delivery.  
[okdhslive.org](http://okdhslive.org)
- **OPERATION ROUNDUP** – A charitable program offered by many utility, electric companies and cooperatives designed to provide financial assistance to families in need of help. Contact your local community action agency or local energy company/ cooperative for more information.  
[needhelppayingbills.com/html/oklahoma\\_energy\\_and\\_utility\\_bi.html](http://needhelppayingbills.com/html/oklahoma_energy_and_utility_bi.html)
- **Oklahoma State University (OSU) COOPERATIVE EXTENSION SERVICES** - County educators and area, district and state specialists develop science-based educational programs to help Oklahomans solve local issues and concerns, promote leadership and manage resources wisely. Programs focus on increasing opportunities for agricultural enterprises, natural resources and environmental management, food and nutrition, health and safety education, and family and community development.  
[oces.okstate.edu](http://oces.okstate.edu)
- **RURAL HEALTH ASSOCIATION OF OKLAHOMA** – RHAO’s mission is to serve as a united voice for Oklahomans in the promotion of rural health issues through advocacy, education and leadership. Primary activities include hosting the RHAO Annual Conference in the spring and meeting with stakeholders across the state through quarterly Rural Roundtables.  
[rhao.org](http://rhao.org)
- **RX FOR OKLAHOMA** – A service that helps Oklahomans with long-term prescription medication costs to access assistance programs provided by pharmaceutical companies.  
[okcommerce.gov/assistance/rx](http://okcommerce.gov/assistance/rx)
- **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)** – Federally-funded program that provides a monthly benefit to families for food purchases.  
[okdhslive.org](http://okdhslive.org)
- **TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)** - Provides a small, temporary cash assistance payment to low-income families of children who are deprived of parental

support due to absence, death, incapacity or chronic unemployment while gaining education and work skills leading to full time employment.

[okdhslive.org](http://okdhslive.org)

- **WEATHERIZATION ASSISTANCE PROGRAM** – Funded through the U.S. Department of Energy, this program helps low-income households reduce their utility bills and increase energy efficiency. This is accomplished by providing an energy audit and weatherization solutions like caulking, weather-stripping and wall and attic insulation.

[okcommerce.gov/assistance/weatherization](http://okcommerce.gov/assistance/weatherization)