

## Apnea Monitor

### DOCUMENTATION REQUIRED:

1. Letters of Medical Necessity  
Infants who are technology dependent (trach, CPAP), have documented unstable airways, have rare medical conditions affecting regulation of breathing or have symptomatic chronic lung disease.
2. Download(s) from previous month(s) demonstrating continued apnea and/or bradycardia.
3. Current physical exam with respiratory status.
4. Use of respiratory aids and monitors in the home.
5. PCP/Specialist recommendations after reviewing apnea download reports.
6. Specific plan regarding the anticipated termination of the monitor.
7. Documentation that parents/caregiver have been:
  - a. Trained in observation techniques, operation of the monitor and infant CPR.
  - b. Advised that home monitoring has not been proven to prevent sudden, unexpected death in children.
  - c. Instructed on proven practices that decrease the risk of SIDS, such as supine sleeping positions, safe sleeping environments and elimination of exposure to tobacco smoke.
8. Documentation of the gestational age of the child and a copy of the discharge summary from the NICU or nursery.
9. Compliance report for usage of machine.

The following are NOT considered medically necessary and are not covered:

1. A backup electrical system or alterations to the living quarters for the monitor.
2. Parental training sessions, including CPT, or instructions in the use of the monitor when identified as a separate charge. These should be considered part of the rental fee.
3. Standby medical, technological or counseling measures.