

Tobacco Cessation Benefit

Research indicates that no other clinical intervention can reduce illness, prevent death, or increase quality of life more effectively than tobacco cessation. SoonerCare reimburses providers who use the "5As" approach to tobacco cessation developed by the Agency for Healthcare Research and endorsed by the U.S. Public Health Service.

The 5As

Ask

the patient to describe their tobacco use.

Advise

the patient to quit.

Assess

the willingness of the patient to quit.

Assist

the patient with referrals and plans to quit.

Arrange

the follow up.

Who Can Perform the Five As?

• Physicians • Physician assistants • Nurse practitioners • Nurse midwives • OSDH nurse practitioners and registered nurses (RNs) • FQHC nurse practitioners and RNs • Dentists

A compensable service must include:

- A separate progress note with member-specific information addressing the 5As counseling
- The time spent by the practitioner performing the counseling

Who Is Covered?

Individuals age 12 and older

Payments and Coding:

- The services are paid in addition to other appropriate services rendered on the same day
- Use code 99406 for counseling sessions lasting between three and 10 minutes
- Use code 99407 for a counseling session of more than 10 minutes
- Dental code is D1320
- No billing for less than three minutes
- SoonerCare members are eligible for a total of eight sessions per year

Did You Know?

SoonerCare covers all seven FDA-approved tobacco cessation products with no copay.

A SoonerCare member can receive these products when medically appropriate (prescription is necessary):

- Nicotine patches, gum, lozenges, inhalers and Zyban
 - No duration limit
- Chantix
 - 180 days per 12 months

If you have pharmacy-related questions, please call 1-800-522-0114 or email your questions to: Pharmacy@okhca.org

Providers are encouraged to refer patients to the Oklahoma Tobacco Helpline at:

1-800-QUIT-NOW or okhelpline.com